



# CLASSIC SERIES TREADMILL

The Life Fitness Classic Series Treadmill is built with comfort and ease of use in mind. It offers a simple, non-intimidating console and the most popular workouts. With its contemporary industrial design and high-performing durability, nothing else compares. This familiar, classic machine is used today by thousands of world-class facilities all over the globe, and with good reason, it delivers.

## PERFORMANCE FEATURES

### DX3™ BELT AND DECK SYSTEM

This groundbreaking system combines a lubricant-infused belt, Advanced Belt Tracking System (ABTS™) and our patented FlexDeck™ Shock Absorption System for the ultimate in durability and comfort.

### HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the easy-to-grip Ergo™ bar to provide walkers with precise heart rate monitoring, and Polar® telemetry provides runners with accurate, "hands-free" heart rate monitoring. (Telemetry requires optional chest strap.)

### MOTIVATING WORKOUT VARIETY

Zone Training+™ Workouts automatically adjust the incline level to keep users in their target heart rate zone. Also includes 5K and 10K Run, goal-based workouts and Gerkin, Fit Test and Military PRT/PFT fitness protocols.

### EASY TO USE

An intuitive console makes startup simple, and integrated cup holders and a center accessory holder provide additional convenience.

### RAPIDWORKS™ SERVICE ENHANCEMENTS

Maintenance is fast and easy with Auto Alert™ diagnostics that inform you of service needs and permanently record and date-stamp maintenance performed.

## HIGHLIGHT FEATURE

### FLEXDECK™ SHOCK ABSORPTION SYSTEM



The Flexdeck™ Shock Absorption System reduces knee and joint stress by up to 30% more than non-cushioned surfaces, decreasing the chance for injury. Eight incredibly durable Lifespring™ shock absorbers deliver consistent cushioning.

## TREADMILL DETAILS

- > DX3™ Belt and Deck System
- > Patented FlexDeck™ Shock Absorption System
- > 0.5-14 mph (0.8-23 kph)
- > 0-15% incline
- > Powerful 4-HP AC motor
- > Ergonomically correct handlebars and siderails
- > 26-character alphanumeric message center
- > Heart rate monitoring
- > 28 workouts
- > 9 languages
- > Integrated reading rack and accessory tray
- > Available with Attachable TV System

KEY

● STANDARD

○ OPTIONAL\*

— UNAVAILABLE

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## SPECIFICATIONS

HEART RATE MONITORING		
Polar® Telemetry (optional chest strap required)		●
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)		●
WORKOUTS		
Manual, Quick Start		●
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate		●
Interval Workouts: Random, Hill, 5K, 10K, Speed Interval Training		●
Goal Workouts: Calories, Distance, Time in Zone		●
Custom Workouts		6
Fitness Test Protocols: Fit Test, Gerkin Protocol, Navy PRT, Army PFT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB)		●
Customized Cool Down		●
DISPLAY READOUT		
Elapsed Time, Distance, Total Calories Burned, Calories Per Hour, Heart Rate, Watts, METs, Workout Profile, Custom Messaging, Speed, Incline, Distance Climbed		●
Language Choices**		9
DISPLAY TYPE		
Message Center: 26 character, 7-segment red LED alphanumeric message center		●
Numeric Keypad		●
SPECIAL FEATURES		
DX3™ Belt and Deck System		●
FlexDeck® Shock Absorption System: 8 Lifespring™ shock absorbers		●
Speed Range: 0.5-14 mph (0.8-23 kph)		●
Rollers: 3.5" (9 cm) precision crowned steel rollers, front and back		●
Elevation		0%-15%
Motor System: 4.0 HP AC motor with MagnaDrive™ motor controller		●
Handlebars and Handrails: Overmolded tubular steel Ergo™ bar		●
Side Handrails		26" (66cm) flared
Integrated Reading Rack		●
Integrated Cup Holders and Accessory Holder		●
Welded Steel Frame, Roller Lift Wheels and Rear Levelers		●
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified		●
Attachable TV System		○
iPod® Capability on Attachable TV***		○
SERVICE ENHANCEMENTS		
Manager's Optional Settings		●
Flash Programmable		●
TECHNICAL SPECIFICATIONS		
Maximum User Weight		400 lbs (181 kg)
Power Requirements: Dedicated 120 volts / 20 amp circuit (voltage may vary outside U.S.)		●
Running Surface: 20" x 60" (51 cm x 152 cm)		●
Length		83" (211 cm)
Width		37" (94 cm)
Height		63.5" (161 cm)
Unit Weight		425 lbs (193 kg)
Step-up Height		11" (28 cm)
Warranty†	7-year on Lifespring shock absorbers; 2-year on all electrical components; 1-year on mechanical components and labor	●
	7-year on motor and frame	●
	Attachable TV System: 2-years electrical and mechanical parts; 90 days labor	●

\* Optional features are available with the purchase of an Attachable TV at an additional charge.

\*\* Japanese available with Complex Character Display (CCD) console.

\*\*\* Life Fitness does not supply external cord required for iPod® video capability with Attachable TV.

† Warranties outside the U.S. may vary. Specifications subject to change.

*LifeFitness*  
WHAT WE LIVE FOR